

## USEFUL TIPS FOR THE DEMO

We'd like to share some tips for self-organisation in the streets during the demo. Be aware and responsible for yourself and those around you.

- Bring enough food and water for the duration of the demonstration and something to cover yourself with in case of sun or rain.
- Do not bring party flags. Use your imagination to create banners, signs, etc. in defense of self-organisation.
- If you speak publicly to the media, do not do so on behalf of CSOA Molino but as an individual. Do not do it within the demonstration.
- Journalists are not welcome inside the demonstration.
- Many different people support Molino, let them do it in their own way during the demo.
- Respect the consent and space of the people around you in the demo: do not assume that a person wants to be hugged, touched, filmed or photographed without asking first. Remember that footage and photographs are usually used against you/us by the police.
- If you know that the consumption of alcohol or other substances can alter your behavior, endangering your safety and the safety of those around you, avoid doing so during the demonstration.

### Some ANTIREPRESSION ADVICE (ANTIREP)

- During the demo the Antirep number will be active: we invite you to write it somewhere and call it in case of real need (for example if you are taken away by the police or if you see that this is happening to people next to you). Lawyers have made themselves available for this day.
- If you are stopped by the police DO NOT answer their questions (it is your right!), even if it seems like a good idea at the time or they promise to let you go if you talk. It will only make your and other people's situation worse.
- The police in Ticino often use pepper spray: let's learn how to defend ourselves! The spray is oil-based, so neutralizing it with water doesn't work, better yoghurt, cow's milk or a solution based on GAVISCON or MAALOX (drugs against stomach acidity). Wipe your eyes and skin with a baby wipe. Warning: use each wipe only one time, otherwise it is useless. Even if you don't have these Maalox, the wipes alone will help.

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